



Mayflower RSVP

The Retired and Senior Volunteer Program for Plymouth County
A Program of OCES



Telephone: 508-584-1561 Email: rsvp@ocesma.org
www.mayflowerrsvp.org

October 2015



Darcy H. Lee,
RSVP Project Director

From the RSVP Project Director — Honoring our Troops for the September 11 National Day of Service and Remembrance

Mayflower RSVP Senior Corps volunteers continued their tradition of writing letters to the troops for the September 11 National Day of Service and Remembrance. This year, 60 volunteers wrote more than 100 letters that will be included in care packages for soldiers and veterans.

“This is the third year that our volunteers have embraced this meaningful activity,” said Darcy Lee, Volunteer Program Manager and RSVP Project Director for OCES. “Over the last three years, Mayflower RSVP volunteers have written nearly 1,000 letters of cheer and gratitude to those who sacrifice so much for our freedom.”

Mayflower RSVP, a Program of OCES, partnered with the Massachusetts Military Heroes Fund to provide the letters for care packages assembled on the Rose Kennedy Greenway on September 11.

Volunteers packed 500 packages for local service men and women and veterans, as well as 500 packages to be shipped overseas.

Throughout the summer, letter writing events were held with OCES partner agencies including local Councils on Aging in Halifax, Hanover, Pembroke, Plymouth, and Lakeville; the Bridgewater, Brockton, and Stoughton Housing Authorities; Cornerstone Assisted Living in Canton; plus OCES staff and their families. Volunteers included children and grandchildren, which made it a multi-generational event.

In 2009, Congress designated September 11th as a National Day of Service and Remembrance and charged the Corporation for National and Community Service (CNCS) with supporting this effort across the country. CNCS provides tools and resources for organizations and individuals to become engaged in service activities, including grants to organizations to support volunteer projects.

Mayflower RSVP, a Program of OCES, engages volunteers with organizations throughout Plymouth County to improve the quality of life for citizens in need.

Interested in volunteering for Mayflower RSVP? For more information, please contact Volunteer Coordinator Brenda Carrens at 508-584-1561 ext. 252, email BCarrens@ocesma.org, or visit our website at www.mayflowerrsvp.org.



Welcome New Volunteers!

Carolyn Allen	Mary Iacovelli
Hugh Calkin	Donald MacPhail
Tina Cappucci	Kiely O'Connell
Laura Carter	David Sherwood
Diane Cowing	Alice Stone
Diana DiGiorgi	Maureen Thayer
Pete Freeman	James Thomas
Jill Gold	Barbara Welch
Dale Hardy	Norman White
Marie Vance Hoy	

Mayflower RSVP Advisory Council Members

Mary Ellen Bavaro
John J. Lanzoni Jr.
Kristin Vokey Muratore
Deanna P. Nealey
Ellen Remlinger
Ronald Spring

Mayflower RSVP

A Program of OCES
144 Main Street
Brockton, MA 02301
Phone: 508-584-1561
Fax: 774-283-4227
www.mayflowersvp.org

Diana L. DiGiorgi
Executive Director/CEO, OCES

Nicole M. Long, MSW, LICSW
Assistant Executive Director, OCES

Darcy H. Lee, ext. 329
Volunteer Programs Manager
RSVP Project Director
dlee@ocesma.org

Brenda Carrens, ext. 252
Volunteer Coordinator
bcarrens@ocesma.org

Susan Carlson, ext. 336
Volunteer Program Assistant
scarlson@ocesma.org

Welcome to our newest Service Partners

Plymouth Area Chamber of Commerce
Plymouth Housing Authority
The Hannah B.G. Shaw Home
South Shore Habitat for Humanity
The Trustees of Reservations

Thank you to our Service Partners who have renewed their partnership with Mayflower RSVP. We look forward to continuing to work with you, as together we seek to improve the lives of people in our community.

American Red Cross of Eastern Massachusetts

The Arc of Greater Plymouth

Beth Israel Deaconess Hospital - Plymouth

Boys & Girls Club of Plymouth

Brockton Veterans Services

Bryantville Elementary School, Pembroke

CareWell Adult Day Wellness Center, Norwell

Carolina Hill Shelter, Marshfield

Christ Church Thrift Shoppe, Plymouth

Cold Spring Elementary School, Plymouth

Father Bill's & MainSpring, Brockton

Finding Serenity, Wareham

Halifax Council on Aging

HallKeen/South Shore Housing, Plympton

HopeHealth/Hope Hospice

Horizons for Homeless Children-Southeast Region

Kingston Council on Aging

Manomet Elementary School, Plymouth

Mass. Correctional Institution (MCI), Plymouth

Metro South Chamber of Commerce, Brockton

Old Colony Elder Services

Pembroke Council on Aging

Pilgrim Hall Museum

Plymouth 400, Inc.

Plymouth Area Coalition, Kingston

Plymouth Council on Aging

Raymond Elementary School, Brockton

South Shore Children's Museum, Hanover

South Shore Community Action Council

South Shore Elder Services

Ventress Memorial Library, Marshfield

Wareham Council on Aging

REMINDER - All volunteers must submit a timesheet by mail, fax, or email every month!

Collection of Volunteer Hours is required by our federal grant and helps determine funding amounts for our program. Also, you must report your hours to maintain your free insurance coverage through the RSVP program, and show that you are an active volunteer making a difference in the community!

NEW Volunteer Opportunities Available Through Mayflower RSVP!

Please email bcarrrens@ocesma.org or call 508-584-1561, ext. 252 for details.

The following opportunities are just a sample of the newest opportunities available to RSVP Volunteers!

For a complete list, please go to <http://www.mayflowerrsvp.org/opportunities.html>.

Opportunities at the Hannah B.G. Shaw Home in

Middleboro – Assist residents of this senior community on Luncheon Outings, Wednesdays, 10:30am–2:30pm or for Shopping Trips on Thursdays, 1pm–4pm.

Visit One-to-One with residents anytime between 9am and 6pm. Keep someone company and stimulate their interests by conversing, reading, playing cards or assisting with a walk outside.

Entertainment Program Volunteers; serve refreshments, bring residents to and from the activity room and help with clean up. Fridays, 1:30pm–4pm.

Like Trivia? You can lead the trivia games for senior residents. Choose from Mondays, Wednesdays, Thursdays, Saturdays and Sundays, 3:30pm–4:30pm.

Bingo is fun! Bring residents to and from the activity room and help them play. Choose Mondays 1:30pm– 3:30pm, Tuesdays 2pm–4pm, or Saturdays 10am–12pm.

Do you Love to Read? – Volunteer readers needed for pre-school Story Time hour at the South Shore Children's Museum located in the Hanover Mall, Tuesday through Friday mornings at 10:30am. Read a book to the children and help with crafts and activities after the story telling.

Playspace Volunteers at Horizons for Homeless Children

Plan and lead activities and games for young children at local family shelters; help a homeless child learn, play and thrive. Requirements include a 5-hour training and a commitment of 2 hours per week for 6 months.

Volunteer Activities Assistant in Norwell – CareWell Adult Day Wellness Center seeks volunteers to help with recreational activities for seniors, such as board games, puzzles, reading club and walking club. Flexible hours.

Opportunities at Carolina Hill Shelter in Marshfield

Are you handy with tools, able to do some lifting and good at problem solving? If yes, you can help with repairs to maintain the building for homeless families.

Drivers are needed to transport parents and children from Marshfield to appointments on the South Shore.

Compassionate Volunteers Sought – Hope Hospice has opportunities available in the Brockton and South Shore

area for volunteers who wish to provide patients and families with non-medical support services. Training provided.

Meals on Wheels Drivers in Nearby Communities –

Volunteer to deliver Meals on Wheels and bring a smile to a senior's face. This valuable service provides older adults at home with a nutritious meal and a wellness check. You may volunteer as little or as much as you want; 1 time a week, 1 time a month, etc. Communities needing drivers include: Brockton, Hingham, Hull, Kingston, Norwell, Pembroke, Plymouth, Scituate and Wareham.

Medical Appointment Drivers Needed – Help a senior by driving them to medical appointments. Drivers needed in Kingston, Pembroke and Plymouth.

Volunteer at The Arc of Greater Plymouth – Help staff at the Food Pantry distribute food to families at Algonquin Heights in Plymouth every other Friday, 9am–12pm.

Assist children with developmental/physical disabilities; make arts and crafts, play games, build with Legos or do yoga. Volunteers needed for after-school hours Monday, Wednesday, Friday; and all times on Saturdays.

Help with **Administrative and Clerical** tasks for the Adult Family Care Department at The Arc. Hours are flexible.

Volunteer as a **Recreation Assistant** and help children with developmental disabilities play sports, such as basketball and baseball. Days and times vary.

Money Management/Bill Payer Volunteers Needed

Assist older adults and people with disabilities with bill paying and other money management tasks. Opportunities available throughout the Plymouth County area.

After School Help at Boys & Girls Club of Plymouth

Mentor teens, be a tutor, play games, assist with arts and crafts, lead a music, science, or STEM (Science Technology Engineering Math) activity or read to youngsters.

Plymouth Area Coalition Needs Your Help –

Deliver food from pick-up sites to food pantry in Kingston on Thursday or Friday mornings; or sort donated clothing and household items and assist clients of the Family Resource Program in Kingston any weekday morning.

**For a Complete List of Volunteer Opportunities
go to <http://mayflowerrsvp.org/opportunities.html>**



Mayflower RSVP
A Program of OCES
144 Main Street
Brockton, MA 02301

RETURN SERVICE REQUESTED



Mayflower RSVP is a program of OCES and is funded by The Corporation for National & Community Service and individuals who appreciate the contribution made by volunteers to our communities.

Mayflower RSVP has moved!

**Our new office is located at
204 South Meadow Road, Plymouth, MA 02360**

All correspondence, timesheets and enrollment forms should be mailed to:

OCES

Attn: Mayflower RSVP

144 Main Street

Brockton, MA 02301

or Faxed to 774-283-4227

or Emailed to rsvp@ocesma.org

**You can reach our staff during regular business hours at
508-584-1561**

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Sue Carlson, Volunteer Program Assistant, ext. 336